

## **Refugee studies: sociopsychological view**

*13-24 July 2026*

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WEEK ONE, July 13-17:

Day 1, Monday - Neurobiology of trauma, how to recognize psychological trauma

Day 2, Tuesday - Trauma-informed framework

Day 3, Wednesday - Adaptation of adult refugees

Day 4, Thursday - Adaptation of children

Day 5, Friday - Adaptation of families

WEEK TWO, July 20-24

Day 6, Monday - Adaptation of children in foster care system

Day 7, Tuesday - Protective factors

Day 8, Wednesday - The "Helper's Trap": Vicarious Trauma & Resilience

Day 9, Thursday - Community Resilience & Post-Traumatic Growth (PTG)

Day 10, Friday - Group work, presentation of the group assignment

The lecture timings are the following:

10:00 - 11:30: First part of the lecture

11:30 - 12:00: 30-minute break

12:00 - 13:13: Second part of the lecture