

## **Course programme      Week 1**

### **Day 1**

9.30 -10.30 Workshop: Exploring Creative Psychotherapy.

What are the differences between Creative Psychotherapy with Fine Art and Performance.

Coffee break

11.00 – 12.00: Continuation of the workshop.

Lunch break

1.00- 3.00 Experiential: A creative psychotherapy group setting of a therapeutic and educative character.

### **Day 2**

9.30 – 10.30 Workshop: Boundaries: personal boundaries and boundaries in the session.

Coffee break

11.00 – 12.00: Basic Theory and principles in creative psychotherapy.

Lunch break

1.00- 3.00: Experiential workshop continuing on the theme of Boundaries

### **Day 3**

9.30 – 10.30 Workshop: Mythology, symbols and the subconscious.

Coffee break

11.00 – 12.00: Continuation of the workshop.

Lunch break

1.00 – 3.00: Theoretical frameworks on the above themes

### **Day 4**

9.30 – 10.30 Workshop: Transference and Counter-transference

Coffee break

11.00 – 12.00: Continuation of the Workshop

Lunch break

1.00 – 3.00: Experiential: Image of the self and Embodiment of the Self

### **Day 5**

9.30 – 10.30 Workshop: Historical background of CP's

Coffee break

11.00 – 12.00: The difference between theory and practice and Clinical Applications

Lunch break

1.00 – 3.00: Experiential overview of the first week: Reflections, summaries, discussions

## **Course programme      Week 2**

### **Day 6**

9.30 -10.30 Workshop: Transference and Counter-transference

Coffee break

11.00 – 12.00: Continuation of the Workshop

Lunch break

1.00- 3.00: Experiential Group work continuing on the theme

### **Day 7**

9.30 – 10.30 Workshop: Understanding the dynamics of the Psyche

Coffee break

11.00 – 12.00: Clinical case study presentation on Dementia

Lunch break

1.00- 3.00: Experiential 1-1 work

### **Day 8**

9.30 – 10.30 Workshop: Exploring shadowy aspects of the self

Coffee break

11.00 – 12.00: Case study presentation on Mental Health Disabilities

Lunch break

1.00 – 3.00: Experiential: focusing on the facilitation practice

### **Day 9**

9.30 – 10.30 Workshop: Working non-verbally

Coffee break

11.00 – 12.00: Case study on Autism and Multiple Profound Disabilities

Lunch break

1.00 – 3.00: Experiential: focusing on the facilitation practice

### **Day 10**

9.30 – 10.30 Workshop: The dynamics of the triangle between the Psychotherapist-Client-Observer

Coffee break

11.00 – 12.0: Theoretical overview and discussion

Lunch break

1.00 – 3.00: Experiential: focusing on the facilitation practice